

Calcasieu Parish FCS Programs



Report to Stakeholders

2010-2011

About the LSU AgCenter

The LSU AgCenter is dedicated to providing innovative research, information and education to improve people's lives. Working in a unique statewide network of parish extension offices, research stations and academic departments, the LSU AgCenter helps Louisiana citizens make the best use of natural resources, protect the environment, enhance agricultural enterprises and develop human and community resources.



Program Highlights

Smart Choices for Youth program

The mission of EFNEP is to assist low-income families and youth to improve their health, to have a better quality of life through improved diets and to make better selections when buying foods by managing their food budgets and related resources. Nutrition education was delivered in 17 Physical Education classrooms in Calcasieu Parish. Each lesson consists of using lessons plans, fact sheets, recipe demonstrations and some form of an interactive activity. As a result 78% now eat a variety of foods, 63% increased knowledge of the essentials of human nutrition, 75% increased their ability to select low-cost, nutritious foods and 73% improved practices in food preparation and safety.



Homebuyers Program

"Charting Your Course to Homeownership" is a comprehensive 12 hour course for first-time home buyers taught by the LSU AgCenter. Participants in this 4-part series learn to navigate their way to homeownership by understanding the buy/sell agreement used in Louisiana real estate, learning how much home they can afford for their family budget, understanding basic money management skills, learning about terminology used in the mortgage process, and understanding how to maintain their home once it is purchased. Since the AgCenter has been teaching this program in SW LA over 1,400 have participated in the program. Seventy-five percent reported an improvement in their credit score. Due to strong community support, there is no fee for the class.



Building Stronger Families and Communities

The Family & Consumer Sciences program educates parents on how to promote positive growth and development of youth and families. LSU/SU Ag Center provides a direct and proven pathway of success and more conscious awareness to the interaction between parent and child by conducting parenting classes for families in Calcasieu. Parenting Trainings creates an awareness and environment for parents or caregivers to be educated in dealing with family crisis, emergency preparedness, child-care provider trainings, dealing with stress, healthy living, financial management, and other programs that serves as a source of expertise in family and consumer sciences subject matter areas targeted to meet the needs of individuals and families.



Calcasieu Parish Extension Service

Mailing/Physical Address:

7101 Gulf Hwy
Lake Charles, LA 70607

Phone: 337-475-8812

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Web site:

LSUAgCenter.com/Calcasieu

Office Hours:

8:00a.m. - 4:30 p.m.

PROGRAM AREAS

Family & Consumer Sciences

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EFNEP Supervisor

Carol Sensley
SU 1890 Agent

Paraprofessionals

Nutrition Educators 2

Janet Karey
Dondia Rodriguez
Bernadine Thomas

Who we reach

Youth
Adults
Families

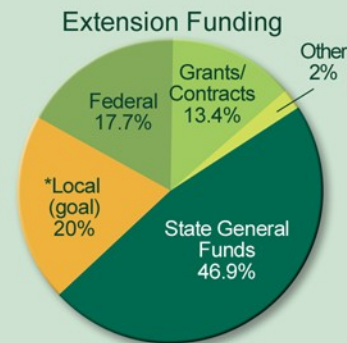
How we reach them:

4-H clubs	Class series
School Enrichment	Field Days
Demonstrations	Workshops
Newsletters	Web sites
Publications	Social media
Project Clubs	Camps
Television	

Parish Facts

Data from the Louisiana Ag Summary
Web site: LSUAgCenter.com/agsummary

Population - 185,618
Land area (square miles) - 1,071.12
Persons under 18 years old - 25.7%
Persons 65 years old and over - 12.5%
Median household income - \$42,018
Persons below poverty - 17.5%



Program Highlights

Childcare Providers Course

Over the past year, the LSU AgCenter Family & Child Development agent in Jeff Davis Parish has conducted a total of 37 child care provider classes reaching 803 child care providers earning a total of 111 clock hours. Child Care Providers in Louisiana are required by Department of Children and Family Services to earn a total of 12 clock hours of continued education in early child development needed annually to maintain state business licensing.



Smart Bodies

The Smart Bodies program consists of the LSU/SU AgCenter faculty conducting trainings for the classroom teachers to implement the curricula. The curricula taught are the Organ Wise Guys and TAKE 10. A school assembly is conducted by AgCenter faculty for the students in the school. Grades K – 5 are the intended grades for the program. The Body Walk is also a component of the program; which is a 35' X 45' interactive exhibit which teaches youth about how food interacts with the body. Program is conducted for a minimum of 12 weeks. As of 2010-2011, a total of 2,091 students have been reached.



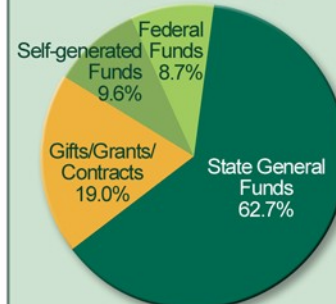
How we are funded.

You are the local supporters and beneficiaries in the LSU AgCenter's Extension programs. Just 20 percent support keeps these programs in your community.

Your parish extension office offers programs in:

- Sustaining Louisiana's agriculture, forestry and fisheries.
- Building leaders and good citizens through 4-H youth development.
- Family, nutrition, health and community development to enhance the quality of life for Louisiana citizens.

LSU AgCenter Restricted/Unrestricted Funds FY 2009



For the latest research-based information on just about anything, visit our Web site: LSUAgCenter.com