

HOW TO REGISTER

Money orders only should be made payable to: LSU AgCenter

Registration

Advance registration is required for all sessions. Completed mail in registration forms accompanied with non-refundable money orders will be accepted. These will be accepted no later than 5 days prior to the session. This allows the trainers to prepare adequately for each session.

There must be a minimum of 10 paid participants to conduct a class. The maximum in a class is 30.

Once that number is reached, no further participants will be accepted.

Arrival Time

Participants should arrive promptly and be prepared for class to start at scheduled time. Late arrival will result in less than 3 hours credit for class.

Cancellations

Cancellations will not be accepted. However, a substitution of a non-registered participant for registered participant can be made.

Payment

- \$10.00 per person per 3 hour class for Class A, Class B and Registered Providers
- \$10.00 per person per 4 hour Family Day Care Home Orientation Class
- we only accept money orders
- money orders are non-refundable
- money orders should be made out to the **LSU AgCenter**

Please mail your payment to:

Kim Evans
LSU AgCenter
P. O. Box 101
Jena, LA 71342



LSU AgCenter
LaSalle Parish
P O Box 101
Jena, LA 71342



LSU AgCenter
**Child Care
Provider**
Training Program

LSU AgCenter
LaSalle Parish
P. O. Box 101
Jena, Louisiana 71342
318-992-2205
Fax: 318-992-7338

Dear Child Care Provider,

The LSU AgCenter is undergoing a restructuring of programs. Due to a series of budget cuts, agents have been re-assigned to key programs. I will teach one Child Care Provider training session on Saturday, October 22 in LaSalle Parish at the Extension Meeting Room of the LaSalle Parish Courthouse in Jena. The class will be Nutrition for Kids and will be taught from 9 a.m. until 12 noon.

This will be the last Child Care Provider Training class I will be teaching. My program responsibilities are now 4-H Club Programs and Nutrition. If you have any credit vouchers for past classes, this will be your last opportunity to use them.

I have enjoyed my years of teaching all of you and always feel that your comments help make the classes even better. Many of you have been supportive of my efforts in the past and I do appreciate you.

There are some excellent child care resources available through the eXtension program. I wanted to share the link. Go to <http://www.extension.org/child%20care>. There are numerous links from this site. I recommend you check on the Hands-On Activities for Child Care with over 200 fun activities. This is also an excellent site for those of you working on your CDA.

Sincerely,
Kim Evans



Schedule of Classes

Class for October 2011
 Concordia, Catahoula, LaSalle, Grant, & Rapides Parishes
 Instructor: Kim Evans
 318-992-2205 or kevans@agctr.lsu.edu

TITLE	DATE	TIME	Location of class
Nutrition for Kids (CDA 1) \$10.00	Saturday October 22, 2011	9:00 a.m. to 12 Noon	Jena Extension Mtg. Room 23 LaSalle Courthouse

Nutrition Tips

Healthy Snacks for Home & School

Smart snacking is a great way to meet daily nutrient requirements that may be missed at meal times.

Try one of these nutritious snack ideas:

- *String cheese and fruit
- *Milk or yogurt smoothies with juice and sliced bananas or strawberries
- *Raw veggies w/low-fat yogurt dip
- *Frozen fruit bars
- *Whole-grain crackers w/cheese or peanut butter
- *Baked potato chips or tortilla chips w/salsa



Louisiana State University Agricultural Center, William B. Richardson, Chancellor
 Louisiana Cooperative Extension Service, Paul D. Coreil, Vice Chancellor & Director
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 Department of Agriculture. The Louisiana Cooperative Extension Service provides equal opportunities in programs and employment.

CHILDCARE TRAINING REGISTRATION FORM

Class for October 2011
 Concordia, Catahoula, LaSalle, Grant, & Rapides Parishes
 Instructor: Kim Evans
 318-992-2205 or kevans@agctr.lsu.edu

REGISTRATION FORM

Please fill out completely and indicate each class that you will be attending with name of class, date, and time. Please print information as clearly as possible.

NAME: _____

CENTER NAME (if applicable): _____

ADDRESS: _____

PHONE NUMBER: _____

FAX NUMBER: _____

Type of Center: Class A _____ Class B: _____ Registered Family Care _____

<u>Session Title</u>	<u>Date</u>	<u>Time</u>
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Nutrition for Kids	10/22/11	9:00 a.m.
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Please Note: If you have a disability which requires special assistance for your participation in any Child Care Provider class; please contact the LSU AgCenter so that we may meet your individual needs.

All Extension programs are open to any person regardless of race, color, creed, sex, age, religion, nation origin or handicap.