

VIP PASSES

Great American Seafood Cook Off: 4-H Edition



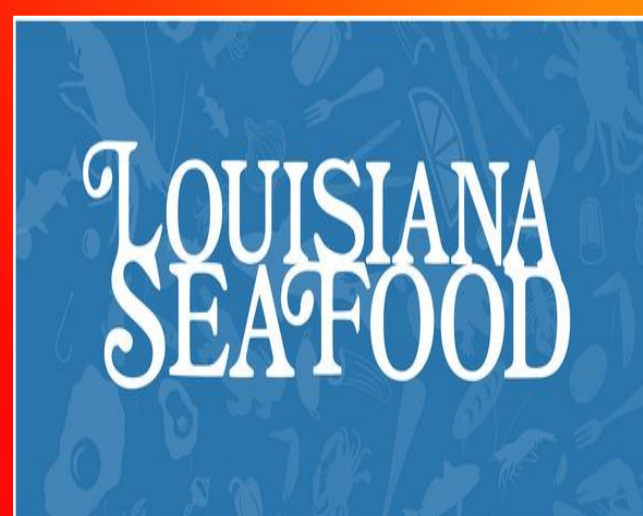
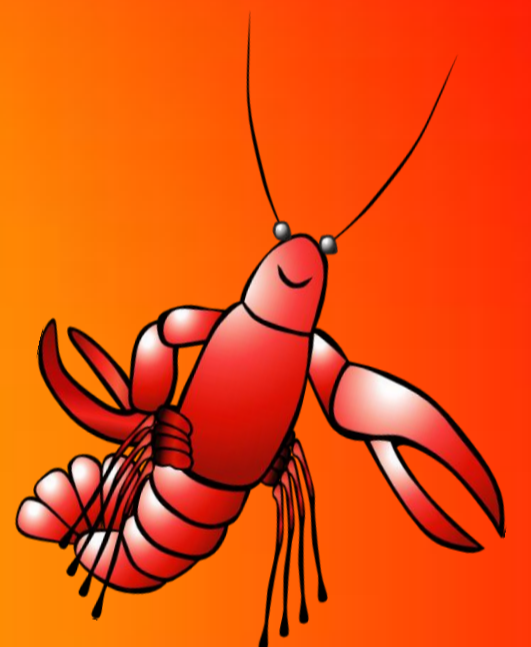
THE LIGHTER SIDE OF SEAFOOD

August 12, 2012

J. Morial Convention Center
New Orleans, LA



- Maximum 8 teams competing for the title of High School 4-H Kings & Queens of Seafood
- All teams receive \$500 for competing!
- Team Spots filled on a first come –first served basis
- Hosted by the LSU AgCenter, LA Seafood Promotion & Marketing Board, Louisiana 4-H Foundation



Registration Deadline: July 16, 2012 COB
Pre-Application and \$150.00 deposit secures team spot.



This year 4-H'ers are asked to focus on healthy cooking with seafood . Dishes presented to judges must contain 500 calories or less (including featured seafood, sauces, rice, pasta, vegetables, etc.).