

ST. CHARLES PARISH
L.A. VOLUNTEERS FOR FAMILY & COMMUNITY
APRIL 2011 NEWSLETTER



VFC PRESIDENT JANICE BEADLE
"DISCOVERING ST. CHARLES PARISH"



Our next field trip will be to **Edible Enterprises** on Monday April 4th, at 10:00 a.m. We will meet at the Edible Enterprises Building on 917 3rd Street Norco, LA. In the parking lot. Directions: Traveling west on river road, LA 48, take a right on Good Hope Street, (one block before Apple Street) when you get to 3rd street take a left. We are not sure if someone will be there cooking or not. After the tour we will go to the Norco spillway Wet Land Watchers Park to have a brown bag lunch. (somewhere else if raining) Suggestions for next field trip?

VFC Club meetings for April 2011

Happy Homemakers: April 19th, 10:00, Shirley Naquin's house 565 Pine St. Norco

New Sarpy Homemakers: April 20th, 10:00, Carolyn's House 269 Schexnaydre Ln, Destrehan

Hahnville Homemakers: April 21st, 1:00 County Agents meeting room, Luling

Your program will be on; "Take the ID Theft quiz, How Not to be a Victim"

80th LVFC Convention will be April 12th –14th, in Alexandria.

May Luncheon: Wednesday, May 11th, The River House Restaurant, Kenner

Association Meeting, Wednesday, May 18th, 10-12 County Agents meeting



Cherry Cola Chocolate Cake

Ingredients:

1/2 cup cola, 1/2 cup dried tart cherries, 1-1/2 cups all-purpose flour, 1/2 cup sugar, 2 ounces semisweet chocolate, chopped, 2-1/2 teaspoons baking powder, 1/2 teaspoon salt, 1 cup chocolate milk, 1/2 cup butter, melted, 2 teaspoons vanilla extract

TOPPING:

1-1/4 cups cola, 1/2 cup sugar, 1/2 cup packed brown sugar, 2 ounces semisweet chocolate, chopped
1/4 cup dark rum, Vanilla ice cream and maraschino cherries, optional

Directions

In a small saucepan, bring cola and dried cherries to a boil. Remove from the heat; let stand for 30 minutes.

In a large bowl, combine the flour, sugar, chocolate, baking powder and salt. Combine the chocolate milk, butter and vanilla; stir into dry ingredients just until moistened. Fold in cherry mixture. Pour into a 3-qt. slow cooker coated with cooking spray. For topping, in a small saucepan, combine the cola, sugar and brown sugar. Cook and stir until sugar is dissolved. Remove from the heat; stir in chocolate and rum until smooth. Pour over cherry mixture; do not stir.

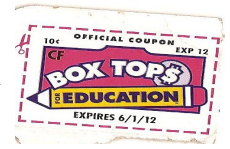
Cover and cook on high for 2 to 2-1/2 hours or until set. Turn off heat; let stand, covered, for 30 minutes. Serve warm with ice cream and maraschino cherries if desired.

Yield: 8 servings. **Editor's Note:** This recipe does not use eggs.



WE ARE COLLECTING:

We are collecting box tops for education coupons. If you are giving them to a school already, continue to do so, if you do not have a school to give them to, you can turn them in at your club meeting.



Delores Carmouche is collecting the following items: stamps, cards of any kind, for St. Jude's Ranch for Children, pull tabs from can drinks, for cancer victims. I will collect items at your club meeting .

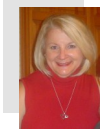
Deniese Hatty Zeringue M.S.
Extension Agent FCS/FRM/FNP

St. Charles Parish

1313 Paul Maillard Road, Suite E
P.O. Box 1766
Luling, LA. 70070
Office: 985 785-4473
Fax: 985 785-4475

dzingue@agcenter.lsu.edu

**EXTENDING
THE
UNIVERSITY TO
THE CITIZENS
OF LOUISIANA**



Relay for Life, Saturday, April 16th, 3:00 pm to 6:00 am, west bank bridge park, we are going to volunteer to help with this event, more information to come.
At your club meeting review the **By-Law revisions**, make suggestions to your club president. At the May Association meeting we will vote on the changes.

2011 Community Project "Battered Women's Shelter"
Items needed: Please bring to club meetings to be brought to state conference

• Bath Soap	Shampoo	Tooth Brush
• Feminine Items	Tooth Paste	Deodorant
• Wash Cloths	Combs	Brushes
• Pillow Cases	Socks	

May Luncheon Request for Donations

There is a flyer created by Janice asking you to choose and turn in your selections for the May luncheon. The theme this year is **"You Must Have Been a Beautiful Baby"** you are asked to bring a photo of yourself, do not show anyone, our entertainment will be identifying each photo to see who the baby is. At your club meeting make you selection and include your payment so Janice can have a count for the luncheon, the owner of the River House Restaurant is closing the doors to the public so we can have enough room for our luncheon. We are changing our white elephant event to our parish homemakers day. To take it's place we are asking you to donate to the following: Danielle Inn, located in Covington, La. Is a Home of Refuge for unwed, expectant mothers. It receives women into a one-year residency program with the goal of saving as many women from abortion as possible. We are being asked by Janice to bring the following items so we can make a donation to Danielle House. Diapers, baby wipes, bottles, bibs, burp clothes, and toiletry items for the mothers. Bath Soap, Shampoo, Tooth Brush, feminine items, tooth paste, deodorant, etc.

In accordance with Federal law and U. S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, religion, political beliefs or disability.

This material was funded by USDA's Supplemental Nutrition Assistance Program. The Supplemental Nutrition Assistance Program provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact 225-219-0351 or 1-888-LA HELPU (1-888-524-3578).

Visit our website: www.lsuagcenter.com

Issued in furtherance of Cooperative Extension work, Acts of Congress of May 8 and June 30, 1914, in cooperation with the United States Department of Agriculture. The Louisiana Cooperative Extension Service provides equal opportunities in programs and employment.