

The LSU Ag Center and Franklin Medical Center is offering a *NEW* educational program about Learning to Live with Diabetes.

Class One—Educate Yourself ...Diabetes Awareness—**June 28**

Class Two—Expand Your Options, Improve Your Choices...

Nutrition and Diabetes—**July 5**

Class Three—Balancing Your Lifestyle—**July 19**

Class Four—Modifying Recipes and Cooking with Diabetes—**July 26**

Class Five—Living Well With Diabetes—**August 2**

Classes will be at 11:30 a.m. in the Franklin Medical Center Auditorium

If you would like to register to attend the program please contact:

Terri Crawford, Extension Agent (Nutrition)

LSU AgCenter

Scott Research and Extension Center

212 Macon Ridge Rd, Winnsboro

318-435-2903

A \$15 registration fee will be charged for participating in the program to cover costs of food sampling and cookbook of diabetic recipes.

Registration fee must be paid by June 24, 2011.

Money orders only accepted made payable to LSU AgCenter.